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## EXAMINING HOW MODERN DEVELOPMENTS IN LINGUISTICS HAVE INFLUENCED TRANSLATION STUDIES

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Annotation: Recent improvements and changes in the linguistic field have led to the development of the translation process. This article aims to examine the hypothesis that the advancements in psycholinguistics and cognitive linguistics have provided valuable insights into the cognitive processes of language comprehension and production, ultimately influencing the strategies and methodologies used in translation practices to better align with human language processing. This article provides the results from the study that was conducted among Fergana State University senior students in order to investigate the proposed hypothesis.

**Key words:** translation studies, linguistics, cognitive linguistics, psycholinguistics, modern linguistics, multimodal texts, embodied cognition

Аннотация: Последние усовершенствования и изменения в области лингвистики привели к развитию процесса перевода. Цель данной статьи рассмотреть гипотезу о том, что достижения психолингвистики и когнитивной лингвистики позволили получить ценные сведения о когнитивных процессах понимания и производства языка, что в конечном итоге повлияло на стратегии и методологии, используемые в переводческой практике, с тем чтобы они лучше соответствовали процессу обработки языка человеком. В данной статье приводятся результаты исследования, проведенного среди студентов старших курсов Ферганского государственного университета с целью проверки выдвинутой гипотезы.

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Ключевые слова: переводоведение, лингвистика, когнитивная лингвистика, психолингвистика, современная лингвистика, мультимодальные тексты, воплощенное познание

Annotatsiya: Tilshunoslik sohasidagi soʻnggi takomillashtirish va oʻzgarishlar tarjima jarayonining rivojlanishiga olib keldi. Ushbu maqolaning maqsadi psixolingvistika va kognitiv lingvistikadagi yutuqlar tilni tushunish va ishlab chiqarishning kognitiv jarayonlari haqida qimmatli tushunchalar berganligi haqidagi gipotezani o'rganishdan iborat bo'lib, ular oxir-oqibat tarjima amaliyotida qo'llaniladigan strategiya va metodologiyalarga qayta ishlash jarayoniga yaxshiroq Odam tomonidan til. Ushbu ta'sir ko'rsatdi. maqolada Fargʻona davlat universitetining yuqori kurs talabalari oʻrtasida gipotezani tekshirish maqsadida o'tkazilgan tadqiqot natijalari keltirilgan.

**Kalit so'zlar:** tarjimashunoslik, tilshunoslik, kognitiv lingvistika, psixolingvistika, zamonaviy tilshunoslik, multimodal matnlar, mujassamlashgan bilish

### INTRODUCTION

The dynamic field of translation studies has been significantly influenced by modern developments in linguistics. While the interplay between linguistic theories and translation practices are examined, we uncover valuable insights that enhance translation strategies and methodologies.

### LITERATURE REVIEW

Cognitive Linguistics offers an alternative perspective on translation. Rather than treating it as a mere transfer of linguistic forms, this paradigm views translation as a humanized, individualistic, and cognitive activity. It acknowledges that translators are active agents who engage in complex mental processes while bridging linguistic and cultural gaps<sup>6</sup>. By emphasizing cognitive aspects, Cognitive Linguistics provides innovative theoretical frameworks and research methodologies for Translation Studies.

<sup>&</sup>lt;sup>6</sup>Alves F., Pagano A., Silva I. (2011). Towards an investigation of reading modalities in/for translation: An exploratory study using eye-tracking data.

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Psycholinguistics investigates how humans process language. Translators, as cognitive beings, navigate intricate decisions during the translation process<sup>7</sup>. Research in psycholinguistics sheds light on working memory, automaticity, and cognitive effort. For instance, eye-tracking studies reveal how translators allocate attention to different parts of the source text, influencing their choices in the target language<sup>8</sup>. Understanding these cognitive mechanisms informs translation training and practice.

Modern linguistics recognizes that communication extends beyond words. Multimodal texts combine language, images, gestures, and other semiotic resources. Cognitive Linguistics, with its focus on embodied cognition, considers how translators process multimodal information. Whether translating literature, advertisements, or digital content, awareness of visual and non-verbal cues enhances the accuracy and cultural sensitivity of translations<sup>9</sup>.

#### **METHODS**

To conduct the survey, an online Google Form questionnaire consisting of 6 personal questions was designed to investigate the influence of advancements in psycholinguistics and cognitive linguistics on translation practices among senior students at Fergana State University. The questionnaire was distributed anonymously to 6 participants, with equal representation of both genders (83,3% male and 16,7% female). The age distribution of the participants was as follows: 33.3% were 21 years old, 50% were 22 years old, and 16.7% were 23 years old.

### Participant selection

The participants were selected based on their availability and willingness to partake in the survey, ensuring an equal representation of both genders and a diverse age range among senior students at Fergana State University. By including participants with varying demographic characteristics, the survey aimed to capture a

<sup>&</sup>lt;sup>7</sup>Isokhon K. (2023). ORGANIZATION OF ENGLISH SPEECH ETIQUETTE

<sup>&</sup>lt;sup>8</sup>Bontempo K., Napier J. (2011). Evaluating emotional stability as a predictor of interpreter competence and aptitude. <sup>9</sup>Rojo A. (2015). Translation meets cognitive science: The imprint of translation on cognitive processing.

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broad spectrum of perspectives on the influence of psycholinguistics and cognitive linguistics on translation methodologies.

## Data analysis

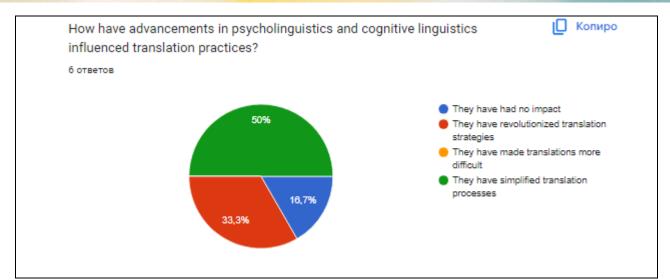
The responses collected from the survey were analyzed to explore the implications of advancements in psycholinguistics and cognitive linguistics on translation practices. Through a comparative analysis of the participants' perspectives, the study sought to determine the extent to which these theoretical advancements have influenced translation strategies and methodologies. The data analysis aimed to provide insights into how the cognitive processes of language comprehension and production, as elucidated by psycholinguistics and cognitive linguistics, may shape and inform translation practices to align more effectively with human language processing mechanisms.

## RESULTS

The survey results indicate that 33.3% of the participants believe that advancements in psycholinguistics and cognitive linguistics have revolutionized translation strategies (fig.1). This perspective emphasizes the transformative impact of these theoretical advancements on translation practices, suggesting that the insights gained from psycholinguistics and cognitive linguistics have led to innovative and improved strategies for translating texts. This recognition highlights the profound influence of these theoretical frameworks in reshaping translation methodologies to align more effectively with the cognitive processes of language comprehension and production, potentially enhancing the quality and accuracy of translations.

Figure 1: How have advancements in psycholinguistics and cognitive linguistics influenced translation practices?

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Interestingly, 50% of the participants expressed the view that advancements in psycholinguistics and cognitive linguistics have made translations more difficult. This perspective raises important considerations about the challenges and complexities that may arise from incorporating these theoretical insights into translation practices. It implies that while these advancements offer valuable insights into language processing, they may also introduce complexities and nuances that can pose challenges for translators, potentially requiring a deeper understanding and refinement of translation methods to navigate the complexities of conveying meaning accurately. This perspective underscores the nuanced impact of psycholinguistics and cognitive linguistics on translation practices, suggesting the need for translators to adapt and refine their approaches to address the complexities introduced by these advancements.

The survey results reveal that 66.7% of the participants identified understanding cognitive processes in language as the main focus of the hypothesis regarding the integration of psycholinguistics and cognitive linguistics into translation practices. This finding underscores the significance of these theoretical frameworks in deepening our comprehension of the cognitive mechanisms involved in language processing, emphasizing the critical role of these insights in informing and enhancing translation practices. By focusing on understanding cognitive processes, translators can leverage psycholinguistics and cognitive linguistics to

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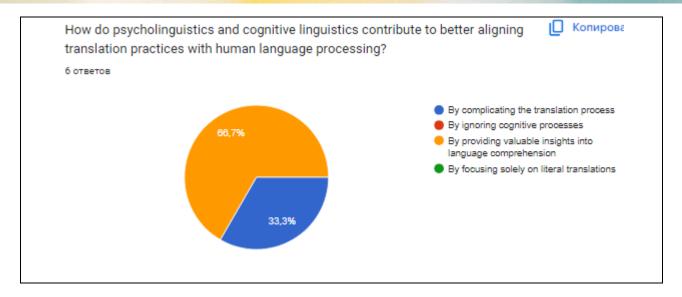
refine their approach to translations, potentially leading to more nuanced and effective communication of linguistic and cultural elements in the target language.

On the other hand, 33.3% of the participants highlighted enhancing creativity in translation as a potential focus of the hypothesis. While this perspective acknowledges the role of creativity in translation, the predominant emphasis on understanding cognitive processes suggests a recognition among the participants of the fundamental importance of cognitive linguistics and psycholinguistics in shaping translation methodologies. This indicates an awareness of the value of aligning translation practices with human language processing mechanisms to optimize the conveyance of meaning and cultural nuances in translated texts.

The survey results demonstrate that 66.7% of the participants recognized that psycholinguistics and cognitive linguistics contribute to better aligning translation practices with human language processing by providing valuable insights into language comprehension (fig.2). This acknowledgment signifies an understanding of the essential role these theoretical frameworks play in enhancing translators' understanding of how individuals comprehend language, thereby enabling them to tailor translation strategies to better resonate with readers and convey meaning effectively. By leveraging insights from psycholinguistics and cognitive linguistics, translators can delve deeper into the cognitive processes involved in language comprehension, ultimately leading to more accurate and culturally nuanced translations that align closely with human language processing mechanisms.

Figure 2: How do psycholinguistics and cognitive linguistics contribute to better aligning translation practices with human language processing?

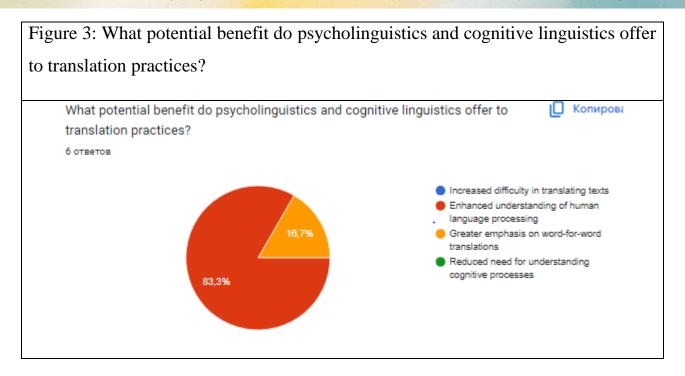
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Conversely, 33.3% of the participants indicated a perception that psycholinguistics and cognitive linguistics complicate the translation process. This viewpoint suggests a potential concern about the complexities introduced by these theoretical frameworks, which may pose challenges in the translation process. While these complexities may present initial hurdles, it is important to recognize that a deeper understanding of language comprehension through psycholinguistics and cognitive linguistics can ultimately lead to more effective and nuanced translation practices that align harmoniously with the intricacies of human language processing.

The survey results reveal a strong consensus among the participants, with 83.3% recognizing that psycholinguistics and cognitive linguistics offer the potential benefit of enhancing understanding of human language processing in translation practices (fig.3). This overwhelming perspective underscores the valuable insights that these theoretical frameworks can provide to translators, enabling them to gain a deeper understanding of how language is processed and comprehended. By leveraging psycholinguistic and cognitive linguistic principles, translators can better align their translation strategies with the natural cognitive mechanisms involved in language processing, ultimately leading to more accurate and meaningful translations that resonate with readers on a cognitive level.

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Interestingly, 16.7% of the participants indicated an alternative view by suggesting that psycholinguistics and cognitive linguistics may lead to a greater emphasis on word-for-word translations. This perspective highlights a potential concern regarding the impact of these theories on the translation process, indicating a perceived shift towards literal translations. While this viewpoint represents a minority response, it sheds light on the diverse range of interpretations regarding the potential benefits of integrating psycholinguistics and cognitive linguistics into translation practices. Overall, the dominant sentiment towards the enhanced understanding of human language processing underscores the significant value that these theoretical frameworks can offer in informing and optimizing translation methodologies.

### DISCUSSION

Through the examination of the hypothesis regarding the influence of advancements in psycholinguistics and cognitive linguistics on translation practices, this study has shed light on the diverse perspectives of senior students at Fergana State University. The survey results revealed varying sentiments regarding the impact of these theoretical frameworks, with a significant portion of participants recognizing the transformative influence of psycholinguistics and cognitive linguistics on revolutionizing translation strategies. Despite this positive outlook, a notable

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proportion of participants expressed concerns about the potential challenges and complexities arising from these advancements, suggesting that while they offer valuable insights into language processing, they may also introduce difficulties that necessitate a deeper understanding and refinement of translation methods for accurate conveyance of meaning.

The participants' recognition of understanding cognitive processes in language as a primary focus of integrating psycholinguistics and cognitive linguistics into translation practices underscores the essential role of these frameworks in enhancing translators' comprehension of language processing mechanisms. The emphasis on aligning translation practices with human language processing mechanisms underscores the participants' awareness of the need to optimize translation methodologies to effectively communicate linguistic and cultural elements. Overall, the study highlights the nuanced impact of psycholinguistics and cognitive linguistics on translation practices, underscoring the importance of adapting and refining translation approaches to navigate the intricacies introduced by these theoretical advancements.

## CONCLUSION

The findings of this study provide valuable insights into the perceptions of senior students at Fergana State University regarding the influence of advancements in psycholinguistics and cognitive linguistics on translation practices. The survey results reflect diverse perspectives, with a significant portion of participants acknowledging the transformative impact of these theoretical frameworks on revolutionizing translation strategies. However, concerns were also expressed about the potential challenges and complexities arising from these advancements, indicating the need for a deeper understanding and refinement of translation methods to accurately convey meaning.

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