

TRADITIONS, CUSTOMS, CEREMONIES, AND HOLIDAYS ARE UNIQUE PHENOMENA OF PEOPLE'S LIFESTYLES

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Abstract. This article explains the essence of the concepts of tradition, custom, and ceremony, and their differences are explained through examples.

Key words: *tradition, custom, ceremony, Navroz, hashar, family relations, social needs, marriage, burial, planting (seeding), harvesting.*

Annotatsiya: Ushbu maqolada an'ana, urf-odat va marosim tushunchalarining mazmun-mohiyati ochib berilgan, ularning farqlari misollar orqali tushuntirilgan.

Kalit soʻzlar: *an'ana, urf-odat, marosim, Navroʻz, hashar, ijtimoiy ehtiyojlar, nikoh, dafn, koʻchat ekish (urugʻ ekish), yigʻim-terim.*

Аннотация: В данной статье раскрывается сущность понятий традиция, обычай и обряд, а их различия поясняются на примерах.

Ключевые слова: традиция, обычай, обряд, Навруз, хашар, социальные потребности, брак, погребение, посадка (посев), сбор урожая.

"Tradition," "custom," and "ceremony" are directly related to the concept of "holiday." It is a cultural phenomenon that arises based on natural and social needs in traditional-historical development, is inherited from generation to generation, and affects people's spiritual lives. As a result of our research, the socio-spiritual nature of the concept of "folk traditions" can be explained as follows: folk traditions are created based on the socio-spiritual needs of ethnic groups in the course of long development, based on their intellectual and creative activities, depending on the environment, nature, labor process, passed from generation to generation, developed and became a priceless socio-cultural heritage embodying the thoughts, dreams, experiences, achievements and other values of the ancestors for centuries.

Habit (custom) is a behavior ingrained in people's lives and repeated for a certain period of time, rules of behavior accepted by the majority, and skills. For

example, children greet adults, keep the house and yard in order, show particular respect to guests, receive information about the condition of the elderly, sick, weak, and suffering people on the holiday's eve, and help neighbors with something. Going to Hashar is considered a good custom of the Uzbek people.

The concept of "habit" also exists in psychology, and it means an action that is formed under the influence of certain conditions, becomes more robust in a person's character, and then is carried out involuntarily.

Tradition covers a wide range as a phenomenon characteristic of all spheres of social life, work, and culture. Habit manifests in a person's way of life, behavior, communication, and family relations.

A ceremony aims to celebrate essential events in a person's life, taking place in formal and spiritual excitement and following generally accepted procedures. For example, the rituals of naming, marriage, burial, commemoration, planting (seeding), harvesting, etc.

A custom is always observed in everyday life, and a ritual occurs when vital events in a person's life occur. The ceremony records and formalizes the most critical events in people's lives (birth, marriage, death). Symbolic and formal traditions and rules passed down from generation to generation are followed during ceremonies. People are invited to the ceremony as "witnesses" to the event. People share someone's sadness or joy and have good intentions for the future. Each ceremony has its own generally accepted structure (beginning, middle, end). Tradition, custom, and ceremony are embodied in celebrating an important event in a person's life.

Holding a wedding ceremony for a young man and a young woman to start a family is a tradition embedded in humanity's life and has a certain rule and order. One of the main conditions of weddings is the bride and groom's marriage. Each period has its customs associated with this wedding. For example, at present, customs such as driving around the streets in specially decorated cars, going to the "House of Happiness" with witnesses, playing the national anthem during the marriage, answering questions from the "House of

Happiness" staff, signing the necessary documents, exchanging wedding rings, etc. This is an official and ceremonial ceremony. Fulfilling wedding customs is a real joy for the bride and groom, their relatives and friends.

"Tradition," "habit," and "ceremony" are phenomena directly related to each other. Therefore, a component of traditions can be a custom, and a custom component can also be a ritual. For example, it is customary for young professionals who have graduated from a university to start working in production. Due to changes in social life, traditions and holidays that are no longer in demand are gradually being forgotten. In essence, traditions that are popular and have social weight are developing. The change in people's lives creates the corresponding traditions. Many social and personal family traditions, rituals, and holidays have appeared in the lives of the Uzbek people in recent years, which did not exist before.

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